

Weekly Menus: October 16 – October 19, 2017

The Hills Diner – Ottumwa Campus

Monday, October 16

Lunch:	Breakfast	Lunch
	Cheese Omelet, Bacon	Country Fried Pollock
	Fried Potatoes, Biscuits & Gravy	Curly Fries
	Mixed Fruit, Yogurt	Pasta Bar
	Waffles, and Cinnamon Rolls	Salad Bar
Dinner:	Chicken Pot Pie	

Tuesday, October 17

Lunch:	Breakfast	Lunch
	Scrambled Eggs, Sausage Links	Baked Ham
	Cheesy Hash Browns, French Toast	Au Gratin Potatoes
	Steel-Cut Oatmeal, Grapefruit, Muffin	Baked Potato Bar
		Salad Bar
Dinner:	Chicken Parmesan	

Wednesday, October 18

Lunch:	Breakfast	Lunch
	Omelet Station, Ham or Bacon	Pulled Pork
	Hash Browns w/Quinoa, Mixed Fruit	Mashed Potatoes
	Creamed Chipped Beef, Waffles	Wings & Things
	Yogurt, & Cinnamon Rolls	Salad Bar
Dinner:	Hot Beef Sandwich	

Thursday, October 19

Lunch:	Breakfast	Lunch
	Croissant w/Egg, Ham, & Cheese	Breaded Shrimp
	Egg Casserole, Bacon, Cantaloupe	Rice Pilaf
	Steel-Cut Oatmeal, Yogurt, & Donuts	Oriental Bar
		Salad Bar
Dinner:	BBQ Ribs	

Warrior Junction – Ottumwa Campus (Advanced Technology Center)

Monday, October 16

Lunch:

BBQ Beef Brisket

Tuesday, October 17

Lunch:

Philly Steak Sandwich

Wednesday, October 18

Lunch:

Pizza & Wings

Thursday, October 19

Lunch:

Taco Bowls

Transportation Center Cafeteria – North Campus

Monday, October 16

Lunch:

Salmon

Tuesday, October 17

Lunch:

Chili Dogs

Wednesday, October 18

Lunch:

Tuscan Pot Roast

Thursday, October 19

Lunch:

Walking Tacos

The Barn – Centerville Campus**Monday, October 16**

Lunch:	Breakfast	Lunch
	Omelet	Chicken Drumsticks
	Fruit, Rolls, Cereal	Macaroni & Cheese
	Bagels, Toast, Oatmeal	Salad Bar

Dinner: Tator Tot Casserole or Chicken Salad Croissant

Tuesday, October 17

Lunch:	Breakfast	Lunch
	Biscuits & Gravy	Chicken Strip & Bacon Wrap
	Fruit, Rolls, Cereal	Rice
	Bagels, Toast, or Oatmeal	Salad Bar

Dinner: BBQ Ribs, Au Gratin Potatoes, & Green Beans or Lasagna & Garlic Bread

Wednesday, October 18

Lunch:	Breakfast	Lunch
	Sausage, Egg, & Cheese Biscuit	Breaded Tenderloin on Bun
	Fruit, Cereal, Bagels,	Mozzarella Sticks
	Oatmeal, & Roll	Salad Bar

Dinner: Orange Chicken on Rice w/Egg Rolls & Crab Rangoon

Thursday, October 19

Lunch:	Breakfast	Lunch
	Pancakes	Melis Cuisine
	Fruit, Cereal, Bagels	
	Oatmeal, & Toast	Salad Bar

Dinner: Corn Dog, Pizza Burger w/Nachos or Fries